

# Adult Faith Formation

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Adult Faith Formation attends to our heart, our mind, our soul, and our body. It is an integrated understanding of whom we are as beloved children of God, who are continually urged to know, love, and serve God more fully. The United States Conference of Catholic Bishops describes adult faith formation as an essential process inviting Catholic Christians to integrate their own life experiences with knowledge of the faith, love of God, and love of neighbor. It is a complete initiation into the life of the Church as a way of forming a Christian conscience and a desire to act as Christ's hands and feet in the world. Adult Faith Formation invites and enables ongoing understanding of Jesus, promotes and supports active membership in the Christian community, and prepare adults to act as disciples in mission to the world. St. Louis King of France offers several opportunities to learn more about and grow in your faith as a Catholic Christian. We hold adult formation classes on Thursdays from 9:15am to 10:30am...after 8:30am Mass. Feel free to browse our website, [www.slkfchurch.com](http://www.slkfchurch.com), to learn of opportunities we offer...or call the parish office at (504) 834-9977.

The Church's catechetical mission aims to help the faithful of all ages to grow in both human and Christian maturity, enriching the whole of life with the leaven of the Gospel. Consequently, appropriate goals and content will embrace all the faith dimensions of an adult life - for example, understanding and communicating, skills needed for personal growth, the experience of family life, relationships, public service, and concern for the common good. "Our adult faith formation ministry must engage the particular needs and interests of the adults in each local community. To be faithful and effective it will offer, over time, a comprehensive and systematic presentation and exploration of the core elements of Catholic faith and practice - a complete initiation into a Catholic way of life. It will do so in a way that is accessible to adults and relates to their life experiences, helping them to form a Christian conscience and to live their lives in the world as faithful disciples of Jesus.